

Have you heard of RSV?

RSV, or 'respiratory syncytial virus', can cause illnesses that affect breathing.¹

Here you can find out more about RSV. spot the signs of illness in your baby and how to help protect them.

RSV is a common contagious virus which can make babies ill. Nearly all will have been infected with RSV by 3 years of age.²

While most RSV cases are mild, all infants are potentially at risk of developing bronchiolitis or pneumonia from RSV - and we can't predict which infants could get seriously ill and end

Read on to find out more about RSV and how to help protect your baby...



Share this with your family and friends.

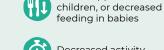
Visit www.togetheragainstrsv.au

Spot the signs of illness in your baby

RSV can look like many other illnesses. Some of the symptoms of illness could be:1,7

Wheezing

Cold-like symptoms
such as a blocked nose,
a cough, or a fever



Decreased activity

Loss of appetite in older

Is having trouble tolerating

fluids, or has stopped

passing urine

If you have any concerns about the health of your infant, talk to your healthcare provider for more information

Although not common, sometimes symptoms can become severe quickly and more urgent help is required. The Sydney Children's Hospitals Network and the Royal Children's Hospital recommend that you call 000 if you notice that your child:1,7

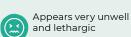


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Is having severe difficulty breathing or is breathing

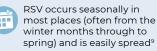




Help protect your baby

Severe RSV-related illness can affect family life and may leave parents feeling worried, overwhelmed and stressed.⁸ But there are steps you can take to help protect your baby and family.

Be aware that:



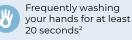
RSV can survive on hard

RSV is easily spread through coughs, sneezes and close physical contact, like cuddles and kisses¹⁰

surfaces and toys for many hours. The virus can spread if an infant touches these surfaces and then touches their face¹⁰

Research has shown that RSV is mostly spread to infants by older siblings or other children^{11,12}

Help prevent the spread of RSV by:



Disinfecting things like hard surfaces, toys and utensils²

Coughing and sneezing into a tissue or your elbow²

Keeping your baby away from people who are sick²

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